

Psychotherapy Groups for CHILDREN AND PARENTS

DISCOVER HEALING TOGETHER—TEEN GROUP THERAPY FOR DIVORCE

For young people navigating challenging waters of parental divorce, this group will give teens a safe and supportive place to express themselves, share, and learn how to cope. Led by Jan Blumenthal, M.Ed. LPC. Saturdays, April 20th to June 8th, 3 to 5 pm. Wayne.

BECOME A BETTER BEHAVIOR MANAGER

This group is for parents who have difficult-to-manage offspring, or who doubt whether they are using the most effective methods for inspiring good behavior in their children. Tuesday evenings, 7:30 to 9 pm. Led by Sandy Klos, Ph.D. Paoli.

EMBRACE YOUR CREATIVITY: TEEN GIRLS ART THERAPY GROUP

Teen girls can embark on a journey of self-discovery and empowerment in a weekly art therapy group, designed just for them. Led by Jan Blumenthal, M.Ed., LPC. Saturdays 4/20 to 6/8, 2 to 4.

I ACHE FOR MY CHILD

A group for parents of children struggling with mental and physical challenges that are causing them pain, which is hard for parents to bear. Sharing can help. Led by Dr. Klos, Paoli, Mondays, 8 to 9:30.

**Contact Jan Blumenthal at 610-246-3051.
Contact Sandy Klos at 215-280-7440.**